

Aughton Town Green Primary School PE Policy

The purpose of PE

PE provides the opportunity for pupils to have fun whilst becoming physically confident and improving their health and fitness. At Town Green, we aim to inspire all pupils to participate with enthusiasm in both competitive sport and other physically demanding activities. We recognise the importance of PE, not just as a means of keeping physically healthy, but also as a means of building resilience and embedding values such as fairness and respect.

Aims of PE

Foundation Stage and Key Stage 1:

- To develop a positive attitude towards physical activity.
- To understand the importance of activity in promoting a healthy lifestyle.
- To acquire the fundamental movement skills.
- To develop control and coordination.
- To play competitive games using simple tactics for attacking and defending.
- To apply rules and conventions for different activities.
- To create and perform dances, including those from different cultures.
- To perform basic gymnastic skills safely.

Key Stage 2:

- To maintain a positive attitude towards physical activity.
- To consolidate existing skills and to gain new ones.
- To always strive to achieve their personal best.
- To play and make up modified competitive invasion, net/wall and striking and fielding games.
- To develop tactics and apply basic principles for attacking and defending.
- To co-operate with others and work as a team during games and outdoor activity challenges.
- To create and perform dances including those from different times, places and cultures.

- To create and perform fluent gymnastic sequences on the floor and on apparatus.
- To understand the importance of physical activity for their health, fitness and general wellbeing.
- To become increasingly aware of how physical activity affects the body.
- To participate in swimming activities and understand the key elements involved in water safety.

Curriculum and planning

Our school works closely with the West Lancs Sports Partnership to provide quality lessons that will fulfil the above aims. We follow the Lancashire Scheme of Work for PE which gives detailed lesson plans for the following areas:

- Invasion games
- Net/wall games
- Striking and fielding games
- Fundamental movement skills (KS1)
- Dance
- Gymnastics
- Swimming and water safety (KS2 only)
- Outdoor and adventurous activities

In line with Government recommendations, each class will have two hours of timetabled PE each week. The PE curriculum will be planned to ensure suitable progression through the programme of study devised for each class. We will endeavour to achieve a wide coverage of the national curriculum programmes of study as children move through the school. Detailed planning of PE work will take place on a half termly and weekly basis by the class teacher.

Assessment

Class teacher's assess children's learning in PE as they observe them during lessons. They record the progress made by children against the learning objectives for their lessons. At the end of a unit of work, teachers make a judgment as to whether the child has met, exceeded or is working towards the expectations of

each individual unit. These records also enable the teacher to make an annual assessment of progress for each child, as part of the child's annual report to parents. The teacher passes this information on to the next teacher at the end of each year.

Clothing for PE Activities

The children are to come to school in their PE kit on the two days that they are timetabled to have PE.

The kit is as follows:

Indoor games, dance and gym

- Navy shorts, red T-shirt, pumps

Outdoor and athletic activities

- Winter: School tracksuit, T-shirt and outdoor trainers
- Summer: Navy shorts, red T-shirt and trainers

Swimming

- Swimming costume or trunks, named swimming cap,
- Goggles (with parental consent)

No jewellery or watches to be worn for any physical activity. Glasses may be worn with parental consent.

Extra-Curricular Activities

We believe extra-curricular activities are an important part of a child's primary education. They enable pupils to develop particular skills and further their interest in one or more sporting activity. It helps to introduce a competitive element to team games and promote co-operation and a sense of good sportsmanship. At Town Green, we regularly offer a range of after school clubs for various ages, all of which are run by staff members (Teachers, HLTAs) and outside agencies/coaches.

Competitions

The school is affiliated with the West Lancashire Schools Sports Partnership and as such works closely with them to provide opportunities to enter as many competitions as possible. We believe that competition is a healthy and productive part of school PE and encourage all children to participate in competitions,

regardless of ability. We therefore strive to enter the School Sport Partnership Inclusion competitions and Gifted and Talented Competitions.

Resources

A wide variety of PE resources are available in school to support the learning and needs of all children. These are stored either in the indoor PE cupboard or in the outdoor PE shed. Only adults or children under close adult supervision can access these resources. All resources must be returned to the appropriate store after use. Resources will be audited annually and any damaged equipment will be replaced. Teachers are to inform the co-ordinator if any equipment needs replacing/purchasing.

Equal Opportunities

At Aughton Town Green Primary School we recognise the responsibility of all schools to provide a broad and balanced curriculum for all pupils. In P.E. the National Curriculum is the starting point for planning a curriculum that meets the specific needs of individuals and groups of pupils and provides effective learning opportunities for all pupils. When planning, teachers will modify where necessary the National Curriculum programmes of study to provide all pupils with relevant and appropriately challenging work at each key stage, in order to provide a more inclusive curriculum which:

- sets suitable learning challenges
- responds to pupils' diverse learning needs
- overcomes potential barriers to learning and assessment for individuals and groups of pupils.

All children should have equal access to resources and activities enabling them to develop their skills to the best of their personal ability. The SENCo and P.E. Co-ordinator will jointly advise teachers on the support which can be provided for individual children with particular educational needs, including high ability pupils. Specialist equipment will be purchased as required to meet specific needs.

PE Coordinator: K Sumner