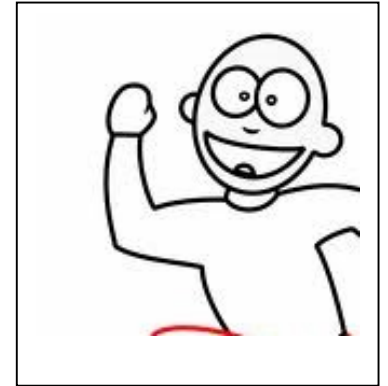




Fitness Training

Pupil Record Card



Name _____

Date	Monday	Tuesday	Wednesday	Thursday	Friday
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
Total Score					

